

Treating the Symptom is NOT Treating the Disease

When I teach Medical Doctors, I often kid around telling them, “Unless you learn about the cell and how cellular malfunctions happen – then you are just a symptomologist.”

Unless you look to the etiology of disease process, meaning the cause and origin of sickness, you’re going to drug, cut, poison, burn, symptoms – and the patient will remain sick.

Allopathic doctors are looking at symptoms and thinking that they are diseases themselves, so naturally they are trying to make them disappear. The cell becomes manipulated with the chemistry and yes, the headache or the rash may fade, but what are you really wiping out? What you had with the symptom was just the warning signal. A cellular scream, if you will. When you wipe out the symptoms of a condition without addressing the underlying cause you make the patient sicker. The cellular malfunctions remain intact, but the wire that powered the warning light has been cut.

It’d be like going in your car, and you get in, turn on the engine. You see a blinking light. You look at the engine and say, “No, I think it’s the light. That’s what I see blinking. If I can get rid of the light, I can fix my engine, right?” So, you take a pair of scissors out and snip the wire and really believe your engine is fixed, and you keep driving. What will happen to your car? If you keep going on like that you will need a whole new engine before long, but it’s great for the mechanic. The mechanic says, “It’s in the nature of the car to break down, the car is getting old.”

That’s what doctors think about you! So, they snip your headache with an analgesic. Next, they snip your angina pain with glyceryl trinitrate under the tongue. Next, they snip your inflammation with an anti-inflammatory. Next, they snip the pain in your toe – your gout symptoms – with either ibuprofen, allopurinol or codeine. Next...! What did they just do?

They kill the symptom while allowing you to get sicker. Before long, another office visit, another prescription, another MRI, another CAT scan, another X-ray... the cellular screams get louder and louder, and the cellular engines have degenerated more and more, but they just keep cutting the wire and they snip the warning lights off again by upping the dose or giving you two drugs instead of one. You’re wondering why you just keep getting sicker and sicker, no matter how many meds you take. Pretty soon you’re in the hospice. They kill the symptoms by killing *you*

Is that science? What's scientific about that? The cell is still dehydrated. The cell is still toxic. The cell is still immunosuppressed. The cell still has lack of oxygen. The cell still has blood flow problems that the drug didn't address. The cell has lymphatic flow problems...

Allopathy teaches that disease and symptoms are one and the same, and that by removing the symptom (the rash, migraine, nausea, fever, chest pain, or whatever) you somehow eliminate disease. They really believe the headache is the disease! They really believe the inflammation is the disease! They believe the pain, or the skin rash is the disease!

Now, if that was true, it would absolutely make sense to think that if you can just get the pain or skin rash to disappear, then you've cured the patient. But these are just the outward manifestations of the inner condition of the body at the cellular level, which hasn't changed.

Naturopathic doctors should be looking to say, "How can I fix the cellular malfunction so that the symptoms no longer manifest in the first place?" You can use *Hawthorn Berry* or CoQ10 and you can make the patient feel better,

but unless you address the underlying condition of the cells, you're in the same pathway as the mainstream doctors. You're just using an herb, or a botanical, or homeopathic remedy to do it instead.

My passion is teaching Naturopaths that we have got to be true healers, not just symptomologists. As Naturopaths, we want to look at how can we deal with the symptoms and comfort the patient, but at the same time, fix the cellular malfunctions themselves.

Naturopathic Medicine is a fantastic profession to go into because there are an increasing number of people who are tired of getting drugged, cut, burned, and poisoned to make their symptoms go away while their underlying conditions grow worse. They are looking for an alternative type of treatment which they know must exist but has been hidden from them. Academia has the money and the marketing. They spend billions on advertising drugs and medical interventions. They indoctrinate people with false information and poor research into making bad choices for themselves and their loved ones. But given the alternative of nontoxic, non-invasive, natural treatment protocols to get to the root cause of the disease rather than simply masking the symptoms, many people are ready to adopt a paradigm shift that will change their lives.