

The Medical Twilight Zone

One day you come into the doctor saying, “Look Doc, I don’t feel so good. I’m tired, I’m achy, I’ve got brain fog, I can’t think straight, I’m not sleeping, I’ve got skin rashes, and bloating. I’m sure there’s something wrong with me!” The doctor runs a full array of lab assessments – from X-rays, MRI’s and CT Scans, to immune profiles, blood tests, saliva samples and hormonal assessments – but finds no signs of abnormality. He prescribes you some pills to ease your discomfort and sends you home with a modest co-pay. You have just crossed over into *The Medical Twilight Zone*.

The Medical Twilight Zone is where you’re toxic, you’re nutritionally deficient, you’re stressed out, you’ve got aches and pains, you’re drinking cups of coffee just to get you through the day, and regularly feel like you’re coming down with the flu. You are neither healthy nor in a state of severe chronic illness, but somewhere in between. As far as the system is concerned, you’re “normal.” They have no answers for you.

The reason for this is that diagnostic tools of mainstream doctors’ scans are only calibrated to the trauma, crisis care. Their advanced equipment can easily detect liver cirrhosis, hepatitis, strokes, kidney failure, heart attacks, rheumatoid arthritis, and metastasized cancer tumors. However, it cannot detect problems in the realm of the medical twilight zone of disease, where most people languish for most of their lives.

Because mainstream medicine does not yet consider disease to be a cascading phenomenon which begins with early-warning symptoms like headaches, nausea, skin rashes, flus and colds, sinus problems, poor moods, exhaustion, a lack of vitality, and ends in chronic illness like stroke, heart attack, diabetes or cancer; anyone who does not have an overt, serious condition falls through the cracks of the medical machine.

The MDs require your numbers to enter into their ranges in order to judge you ready for treatment. They are looking for crisis trauma. Full blown heart attacks, a tumor that’s a billion cells or more, lesions, heart attacks, strokes, aneurysms. If you’re knocking on the door of liver cirrhosis, and you have liver toxicity or fatty liver, they need to wait until you have lesions or hepatitis or cirrhosis to pick anything up. If you’re knocking on the wall of a heart attack, you will get a clean bill of health because you don’t have it yet. They are looking for *heart tissue damage* from a heart attack. In the meantime, they are going to tell you that you don’t need any help and send you home to wait until you are sick enough to enter their backyard. Too late!

You could have a tumor of half a billion cells before they even find out what's going on, because they're looking for a billion cells or more, and they're going to say that you're fine. Dr. Peter Glidden, ND., writes in his book *Attempt a Cure with Wholistic Medicine* (2017) that once a patient diagnosed with Leukemia came to his office and told him that their doctor told them, "There's nothing we can do for you at this stage of the illness. Just go home and wait. When the condition gets worse, we can start chemo and radiation." If you are *almost* in crisis, they have no hope for you. You are not considered sick *enough* for treatment. Since the system considers the absence of sickness to be the measure of health, they don't intervene early, because they don't know how.

Consequently, the patient will either be simply blamed for getting older, given a clean bill of health, be labeled by their doctor as manifesting a psychosomatic disorder or being a hypochondriac, or worse – they will be given palliative symptom-suppressive pharmaceutical relief agents, namely drugs. These will merely shove the disease deeper with the patient unaware of the fact that he is getting sicker; because the pills, lotions, and potions only mask his symptoms, but do nothing to treat the real underlying cause of their problem.

What would you think of a fireman spraying the smoke billowing out of the window of the building believing he is putting out the fire? Our current medical system only tends to recognize disease only when it has reached crisis proportions. But that's like saying that a house is only on fire when the flames have reached the roof. In reality, the real fire started from an innocent-looking cigarette butt that began smoldering on the couch. If the medical system could recognize the early signs of smoke, then they could prevent chronic illness, but there are more than 4000 abnormal Dis-Eases that won't register on blood tests, urinalysis, PET Scans, X-rays, computerized tomography (CT), and magnetic resonance imaging (MRI). They can't measure the early decline of health, or detect cellular toxicities and cellular insufficiencies. And, of course, this technology cannot reveal the unseen emotional toxins such as anger, bitterness, stress, anxiety, unforgiveness, and what have you, that eventually lead to physical illness and can never be identified through medical diagnostic equipment.

Another problem with blood and urine samples is the blood is always changing, so is urine. If it's low in iron, for example, it's going to try and find it in the bones or the muscles and remove it from there to pull it back into the blood and keep in homeostasis. You could be anemic on the cellular level but when they draw the blood and take the data they say, "You're fine, see? The iron is there..." Some people die before they get their blood tests back. The blood will rob calcium from the bone if it has to. If it's low on magnesium, it will pull it from the heart tissue. The body thinks that it is borrowing these minerals temporarily and putting them to their most important use. The problem is people are not consuming foods which replenish their supplies of essential minerals, so what is intended only as an emergency measure becomes permanent.

Bloodwork is great for finding certain things like HIV loads or the size of a tumor, but early on you want the cellular data. The blood is the river to the cells, what we want to know is what's in the cell. How is the cell doing? If the teacher wants to take attendance at school, does she count the number of kids on the school bus or in the classroom itself? It's not important whether the nutrient is found in the blood. It's whether it gets in the cells or not. If the cells are not absorbing the nutrient from the blood, then the blood test tells us nothing!

In my practice we use body scanners that actually detect cellular data rather than blood data, which is unreliable because it is constantly moving. If we catch you early, we can slide you back to health before complications occur. Before you get *really* sick!

When toxic residues are accumulating in your intestines, liver, blood, tissue, and cells, then nutritional building elements are not able to penetrate the cell membrane to remove metabolic waste and regenerate the cells. Nutrient absorption, metabolic efficiency, energy, and hormone and neurotransmitter synthesis are all greatly reduced. This, in turn, will manifest symptoms of extreme lethargy, muscle weakness, gastric distention, aches and pains, depression, and memory and concentration problems. These are cries for help from your body. They are *not* diseases! They are God's intelligence trying to warn us of a deeper cellular malfunction which needs to be addressed before things get completely out of hand. Remember; only after massive numbers of cells malfunction or die do you even begin to notice symptoms of disease. In other words, you're already sick before you "get sick". Conventional allopathic physicians are taught that if you can't see it in an X-ray or detect it in lab tests, or hear it in a stethoscope, or feel it in a palpation, then it's simply not there. Even if the patient's whole body is in a state of stress or dis-ease! Medical students are not instructed in toxicology and the dangers of free radical damage to the cells, or the necessities of nutritional building blocks to establish and maintain health. The entire "sick-care" industry keeps disease right where it is most lucrative: the long-term treatment of chronic diseases. No cures can be discovered in The Medical Twilight zone and prevention is rarely considered. A medical monopoly of risky surgeries and lethal pharmaceuticals continue unabated. The medical system, now a \$4-trillion-dollar-a-year industry in the USA, profiting by hundreds of billions of dollars each year!

It is estimated that more than 75% of all office visits to medical doctors are in the medical twilight zone category of: neurological disorders, chronic fatigue, fibromyalgia, pH acidity, gastric disorders, immune-suppression, mental and auto-immune disorders, skin disorders, and acute bacterial, fungal, parasitic, and viral infections that are all caused by two things. You guessed it! Cellular toxicities and cellular insufficiencies. The medical profession addresses neither, yet it continues to thrive as *Sickness Inc.*

Typical symptoms of such twilight zone disorders are headaches, dizziness, nervousness, severe fatigue, flatulence, constipation, diarrhea, insomnia, brain fog, joint aches, and the loss of a feeling of generally well-being, which are all intelligent warning signals of a healing crisis. These symptoms are the cells' cry or scream to warn you of a cellular malfunction in a certain organ or system. Being "subjective" symptoms, they can't be revealed by laboratory analysis until they have reached chronic degenerative proportions or metabolic disease states. Palliative pharmaceutical agents – over-the-counter or prescribed – can't treat them, because they do nothing to remove toxic plaque residues (known as biofilm) in and around the cells, nor fix cellular insufficiencies that cause them. In fact, they add more toxins to and rob more nutrients from our body, thereby causing more disease. Only natural, non-toxic treatment protocols can genuinely reverse any illness. "Down the middle of the great street of the city. On each side of the river stood the tree of life, bearing twelve crops of fruit, yielding its fruit every month. The leaves of the tree were for the healing of the nations." (Revelations 22: 2)

All medical twilight zone diseases are endogenous, meaning they originate internally rather than coming from the outside in. They are the body's built-in, intrinsic wisdom responding to negative influences with a healing crisis. To the medical establishment, built-in, body-instituted symptoms of fever, diarrhea, mucous secretions, coughing, nasal drippage, and excessive perspiring are unnecessary nuisances to attack or suppress, when in fact they are intelligent purging mechanisms to expel toxic debris from the blood and decaying morbid waste from tissues that have overloaded our elimination and detoxification pathways of the skin, colon, kidneys or lungs. They are a purging of toxins to prevent more serious, chronic disease from settling in. In their ignorance, incompetence and negligence, medical doctors are drugging symptoms at the cellular level, or surgically removing organs, rather than addressing the toxicities and cellular insufficiencies that cause medical problems.

Unless a treatment actually removes acid toxins from the body, and increases oxygen, water and nutrients, the cure, at best, will only be temporary. Otherwise, the disease is driven deeper into a chronic state. If they only knew that once the toxic waste residue is excreted, the cells would be allowed to absorb oxygen and nutrients again, and that the body's organs and systems would self-heal and return to homeostasis (balance and order); they would actually be able to be the healers they profess to be. But now that *you* know what's going in, how will this affect the way that you not only approach the *dis-ease* that *you* might be experiencing, but will act to prevent it in the first place?